

T.A.A.F.

YOUTH RECREATIONAL VOLLEYBALL

RULES & REGULATIONS 2010

DIVISIONS OF PLAY: GIRLS RECREATIONAL AND COMPETITIVE LEAGUES
AGE IS DETERMINED BY PARTICIPANTS AGE ON SEPTEMBER 1, 2009.

AGE DIVISIONS: 8 & UNDER, 10 & UNDER
12 & UNDER, 14 & UNDER

TEAM: EACH TEAM SHALL CONSIST OF 6-12 PLAYERS.
EACH PARTICIPANT IS REQUIRED TO PLAY IN EACH GAME.
A SUBSTITUTION ROTATION IS RECOMMENDED.

UNIFORMS: ALL PLAYERS ARE ENCOURAGED TO WEAR THE OFFICIAL
T.A.A.F. T-SHIRT PROVIDED DURING ALL GAMES.

EQUIPMENT: THE 8U DIVISION WILL USE AN OFFICIAL SIZE BALL THAT IS
APPROXIMATELY 40% LIGHTER (TRAINING TYPE BALL). THE 10U
AND 12U WILL USE THE VOLLEY LIGHT (12 & UNDER BALL) AND
THE 14 U DIVISIONS WILL USE AN OFFICAL SIZE BALL.

COURT: THE NET SHALL BE 6'1" (8U & 10U) AND 7'4" (12U & 14U DIVISIONS).
THE COURT IS REGULATION SIZE.

GAME: THE BALL MAY BE SERVED FROM ANYWHERE BEHIND THE 10'
LINE (8U), THE 15' LINE (10U) AND THE BACK COURT LINE FOR 12U
& 14U. AFTER 5 CONSECUTIVE POINTS SCORED BY THE OFFENSIVE
TEAM (TEAM SERVING), THE REFEREE WILL WHISTLE FOR AN
AUTOMATIC SIDE OUT AND THE OPPOSING TEAM WILL BE
AWARDED THE SERVE. ALL SERVES MUST BE UNDERHAND ON
THE FIRST TWO SERVES (8U & 10U). THE 3RD, 4TH, AND 5TH SERVES
MAY BE OVERHAND OR UNDERHAND. IF THE SERVER DOES A BAD
TOSS, THE BALL MUST BE CAUGHT OR LET IT DROP TO THE FLOOR.
THE SERVER MAY ONLY LET THE BALL DROP ONCE DURING TIME
OF SERVICE. EACH TEAM MAY HAVE ONE (1) MINUTE TIME OUT
DURING THE FRIST 2 GAMES. EACH TEAM MAY HAVE ONE-30
SECOND TIMEOUT DURING THE THIRD GAME.

GENERAL RULES: ALL TEAMS WILL PLAY THE BEST 2 OF 3 GAMES. ALL DIVISIONS
WILL PALY RALLY POINT SCORING. THE 8U & 10U DIVISIONS WILL
PLAY TO 21 POINTS, MUST WIN BY 2 POINTS, GAMES WILL BE
CAPPED AT 25. THE 12U & 14U WILL PLAY TO 25 POINTS, MUST WIN
BY 2 POINTS, GAMES WILL BE CAPPED AT 30 POINTS. PLAYERS
SHALL HAVE A 6" NUMBER ON THE BACK OF THEIR UNIFORMS.
LEGAL NUMBERS ARE 0-99. THERE WILL BE NO USE OF LIBERO.
SUBSTITUTIONS MAY ONLY BE MADE WHEN THE TEAMS SUBBING
IS ROTATING. POSITIONS ARE: LEFT FRONT, MIDDLE FRONT, RIGHT
FRONT, RIGHT BACK, MIDDLE BACK, AND LEFT BACK.